



1  
00:00:07,170 --> 00:00:03,480  
theissen exist a bieber and it was ant day

2  
00:00:07,180 --> 00:00:14,480  
we are very for the event

3  
00:00:14,490 --> 00:00:20,500  
good morning how are you

4  
00:00:24,250 --> 00:00:22,180  
very happy to be able to do this

5  
00:00:25,720 --> 00:00:24,260  
interview one morning today I am going to

6  
00:00:28,720 --> 00:00:25,730  
start with the questions since

7  
00:00:31,690 --> 00:00:28,730  
we are running out of minutes it is almost

8  
00:00:33,760 --> 00:00:31,700  
three months in the space and on

9  
00:00:35,319 --> 00:00:33,770  
August 17 it is bought in three months to be in

10  
00:00:36,730 --> 00:00:35,329  
the castle the international part as

11  
00:00:44,230 --> 00:00:36,740  
if of those three months and how it has been

12  
00:00:49,990 --> 00:00:47,830  
because between months it will pass very quickly and

13  
00:00:53,020 --> 00:00:50,000

I can't believe that I already have three months here

14

00:00:55,360 --> 00:00:53,030  
in space I feel very good we are

15

00:00:58,100 --> 00:00:55,370  
very busy with a lot of work every day we are

16

00:01:01,120 --> 00:00:58,110  
doing experiments he

17

00:01:04,189 --> 00:01:01,130  
arrived I was last week

18

00:01:06,050 --> 00:01:04,199  
so time was passing and I

19

00:01:10,370 --> 00:01:06,060  
know that soon I will be back at

20

00:01:18,649 --> 00:01:11,450  
what is the most work difficult

21

00:01:18,659 --> 00:01:21,950  
can work harder

22

00:01:27,770 --> 00:01:24,500  
more difficult is that each day is something

23

00:01:30,710 --> 00:01:27,780  
different one day can be done

24

00:01:34,190 --> 00:01:30,720  
working with for example the law of tv

25

00:01:35,620 --> 00:01:34,200  
there are like three weeks we are going to have a

26  
00:01:39,440 --> 00:01:35,630  
space walk

27  
00:01:43,430 --> 00:01:39,450  
so each day is different and each

28  
00:01:50,090 --> 00:01:43,440  
thing a little difficult but

29  
00:01:50,100 --> 00:01:54,540  
unique recently the photograph

30  
00:01:58,950 --> 00:01:57,000  
you entered puerto rico and also according to

31  
00:02:01,140 --> 00:01:58,960  
nasa on july 6 and july 23

32  
00:02:06,790 --> 00:02:01,150  
a very good photograph of the city of

33  
00:02:11,950 --> 00:02:09,910  
some good experience because every time

34  
00:02:15,700 --> 00:02:11,960  
i I can go over Puerto

35  
00:02:18,760 --> 00:02:15,710  
Rico, you never know if you can see it

36  
00:02:21,100 --> 00:02:18,770  
because the clouds are there and if it's in the

37  
00:02:23,740 --> 00:02:21,110  
like, how do you know if we're there in the

38  
00:02:27,940 --> 00:02:23,750

like at the end of the day there are many clouds

39

00:02:30,190 --> 00:02:27,950

but the beautiful island here the water

40

00:02:38,180 --> 00:02:30,200

is beautiful

41

00:02:46,830 --> 00:02:40,160

the amount that has been observed up to now is something special and

42

00:02:54,229 --> 00:02:50,520

I believe that the view of the

43

00:02:58,170 --> 00:02:54,239

earth is something that we

44

00:03:00,750 --> 00:02:58,180

cannot see from the earth and also

45

00:03:04,800 --> 00:03:00,760

Here working in microgravity

46

00:03:07,290 --> 00:03:04,810

I can float and it's something incredible and

47

00:03:08,940 --> 00:03:07,300

every day I'm here is something

48

00:03:12,119 --> 00:03:08,950

different

49

00:03:15,000 --> 00:03:12,129

time is very short and I don't know if I'm going to

50

00:03:20,240 --> 00:03:15,010

return and that's why every day I want to

51  
00:03:24,410 --> 00:03:21,830  
see that you have the flag from puerto rico

52  
00:03:26,600 --> 00:03:24,420  
the one that takes you to space with you

53  
00:03:28,270 --> 00:03:26,610  
very important question in your most

54  
00:03:30,160 --> 00:03:28,280  
recent the blog

55  
00:03:33,740 --> 00:03:30,170  
allows the opportunity to see some

56  
00:03:43,350 --> 00:03:36,170  
managed to see the race of our javier

57  
00:03:43,360 --> 00:03:49,420  
can not say again

58  
00:03:54,099 --> 00:03:51,789  
in your most recent you wrote it that you have

59  
00:03:55,599 --> 00:03:54,109  
had the opportunity to see the

60  
00:03:59,080 --> 00:03:55,609  
Olympics with his companions in

61  
00:04:01,030 --> 00:03:59,090  
circulation and it is at this moment that they

62  
00:04:02,920 --> 00:04:01,040  
say about the Olympics you had the

63  
00:04:10,150 --> 00:04:02,930

opportunity to see the race

64

00:04:10,160 --> 00:04:15,970

for me

65

00:04:15,980 --> 00:04:25,020

the most vital world

66

00:04:32,790 --> 00:04:26,750

and

67

00:04:39,350 --> 00:04:36,450

one day thank you yes We are lucky to

68

00:04:42,260 --> 00:04:39,360

see the Celtics here

69

00:04:44,230 --> 00:04:42,270

because I don't know why but in the morning

70

00:04:48,499 --> 00:04:44,240

when we got up

71

00:04:50,689 --> 00:04:48,509

Javier's Rays were there and that

72

00:04:54,649 --> 00:04:50,699

was a great success and I want to

73

00:04:58,159 --> 00:04:54,659

congratulate Javier because this is very

74

00:04:59,749 --> 00:04:58,169

strong and congratulations and see them in the

75

00:05:03,709 --> 00:04:59,759

picks here with the crew is

76  
00:05:06,320 --> 00:05:03,719  
special because we have an astronaut from

77  
00:05:09,320 --> 00:05:06,330  
Japan and also from Russia and it's like

78  
00:05:14,700 --> 00:05:09,330  
we have a little bit of the world here at the

79  
00:05:19,140 --> 00:05:17,250  
a month to return to the stones the

80  
00:05:24,239 --> 00:05:19,150  
management of querétaro you would like to spend more

81  
00:05:30,269 --> 00:05:27,809  
well I can stay here for a year

82  
00:05:32,399 --> 00:05:30,279  
because I like living here we are

83  
00:05:35,249 --> 00:05:32,409  
doing a job that I think

84  
00:05:37,949 --> 00:05:35,259  
is very important and as I said

85  
00:05:41,039 --> 00:05:37,959  
time went by very quickly and I would like

86  
00:05:44,759 --> 00:05:41,049  
to be here and stay here for a

87  
00:05:47,129 --> 00:05:44,769  
year but it is life and I have to go back

88  
00:05:51,870 --> 00:05:47,139

and who knows if I go, you can come back

89

00:05:55,700 --> 00:05:53,340

but thank you very much later around

90

00:06:01,380 --> 00:05:55,710

the morning it's a great experience and we

91

00:06:01,390 --> 00:06:11,490

very much we'll see you

92

00:06:21,480 --> 00:06:14,629

a vision

93

00:06:32,480 --> 00:06:23,360

and this is the

94

00:06:37,050 --> 00:06:34,160

the

95

00:06:39,000 --> 00:06:37,060

international space station desert

96

00:06:41,100 --> 00:06:39,010

america is proud to bring you an

97

00:06:42,720 --> 00:06:41,110

interview in this world with the

98

00:06:46,200 --> 00:06:42,730

astronaut of puerto rican origin josé

99

00:06:49,620 --> 00:06:46,210

joe acaba good morning from the usa

100

00:06:55,910 --> 00:06:49,630

and thank you for giving us this interview and

101  
00:07:01,280 --> 00:06:58,970  
good morning and thank you very much it is a

102  
00:07:09,720 --> 00:07:01,290  
pleasure to be I'm here with you today and

103  
00:07:15,640 --> 00:07:12,400  
already been so interesting in the

104  
00:07:17,770 --> 00:07:15,650  
space station since it's so difficult, above

105  
00:07:24,260 --> 00:07:17,780  
all, being away from the families of

106  
00:07:30,680 --> 00:07:27,880  
because that three months will go by very quickly and

107  
00:07:37,170 --> 00:07:30,690  
I feel very good I can talk to

108  
00:07:41,070 --> 00:07:39,360  
we know that you are a flight engineer on

109  
00:07:43,560 --> 00:07:41,080  
the space station but we want them to

110  
00:07:46,200 --> 00:07:43,570  
explain to us what exactly is

111  
00:07:48,090 --> 00:07:46,210  
before during work structures and

112  
00:07:52,010 --> 00:07:48,100  
you work eight hours like us here

113  
00:07:58,040 --> 00:07:54,920

we are living here in like a

114

00:08:01,430 --> 00:07:58,050

laboratory and every day we are

115

00:08:03,550 --> 00:08:01,440

doing experiments and every day is something

116

00:08:07,600 --> 00:08:03,560

different but we have many

117

00:08:10,700 --> 00:08:07,610

experiments here it is also like

118

00:08:14,749 --> 00:08:10,710

our house and we have to clean the

119

00:08:17,830 --> 00:08:14,759

house fix the house and how to work at

120

00:08:21,800 --> 00:08:17,840

home and we are doing a lot of work

121

00:08:25,279 --> 00:08:21,810

and the other day came the xxiv and that it is

122

00:08:28,430 --> 00:08:25,289

like a touch that brought many things

123

00:08:33,319 --> 00:08:28,440

that we are going to like but we are

124

00:08:37,039 --> 00:08:35,389

now there are many things that all of us

125

00:08:38,779 --> 00:08:37,049

here ask ourselves because since we were

126

00:08:40,729 --> 00:08:38,789

little we dreamed of sometime

127

00:08:43,969 --> 00:08:40,739

touching space as

128

00:08:45,970 --> 00:08:43,979

you sleep how they eat how they have fun

129

00:08:50,860 --> 00:08:45,980

they

130

00:08:57,370 --> 00:08:54,579

n't have beds because as you

131

00:08:59,730 --> 00:08:57,380

can see we don't do here in

132

00:09:05,310 --> 00:09:03,000

to sleep we have like a bag like

133

00:09:08,370 --> 00:09:05,320

a sleeping bags where we can enter

134

00:09:10,980 --> 00:09:08,380

because if not who knows where he's going to

135

00:09:14,100 --> 00:09:10,990

get up in the morning then we have It's

136

00:09:17,220 --> 00:09:14,110

like a small room, about the

137

00:09:21,500 --> 00:09:17,230

size of a classroom and there we have a

138

00:09:25,040 --> 00:09:21,510

sleeping bag and for food

139

00:09:26,600 --> 00:09:25,050

we have food that is there like

140

00:09:30,380 --> 00:09:26,610

a baby

141

00:09:34,250 --> 00:09:30,390

and we have several types of food it's not

142

00:09:42,309 --> 00:09:34,260

like one like stewed chicken and rice

143

00:09:42,319 --> 00:09:46,780

yes

144

00:09:53,950 --> 00:09:49,390

there have the flag stuck there but in

145

00:10:01,420 --> 00:09:56,230

and don't tell me about the food because I don't

146

00:10:07,070 --> 00:10:04,850

connection it's a little window a balcony

147

00:10:09,440 --> 00:10:07,080

like that to see space

148

00:10:14,800 --> 00:10:09,450

favorite landscape project from space what

149

00:10:19,960 --> 00:10:16,870

if we are very lucky here because

150

00:10:23,500 --> 00:10:19,970

we have a window that is

151

00:10:27,990 --> 00:10:23,510

incredible called the dome and from

152

00:10:31,690 --> 00:10:28,000

there we can see the entire earth and

153

00:10:34,360 --> 00:10:31,700

this view is incredible and to see it he

154

00:10:38,320 --> 00:10:34,370

made it from Puerto Rico and incredible because

155

00:10:42,160 --> 00:10:38,330

the kerry line in the caribbean the water is

156

00:10:48,879 --> 00:10:42,170

clear and very blue and beautiful every time

157

00:10:52,539 --> 00:10:50,769

something of pride and you are a great pride of

158

00:10:54,999 --> 00:10:52,549

course for the children and for the

159

00:10:57,059 --> 00:10:55,009

Latinos and I want to know if you

160

00:11:00,309 --> 00:10:57,069

can't demonstrate how gravity

161

00:11:05,190 --> 00:11:00,319

affects to the objects and in us

162

00:11:10,180 --> 00:11:07,800

if that is a problem where we are

163

00:11:14,760 --> 00:11:10,190

here in microgravity

164

00:11:17,130 --> 00:11:14,770

the muscles and skeleton and I know how to say

165

00:11:20,350 --> 00:11:17,140

but every day we have to

166

00:11:22,990 --> 00:11:20,360

exercise for about two and a half hours

167

00:11:26,350 --> 00:11:23,000

we have a machine called online

168

00:11:28,750 --> 00:11:26,360

where is how to lift weights but

169

00:11:32,440 --> 00:11:28,760

we are here in microgravity and not

170

00:11:34,990 --> 00:11:32,450

companies but it is very similar and also

171

00:11:39,220 --> 00:11:35,000

from here we have a bicycle and we also

172

00:11:42,190 --> 00:11:39,230

have a tremendous but you have to wear

173

00:11:45,160 --> 00:11:42,200

a harness because if you don't it will float

174

00:11:47,440 --> 00:11:45,170

but with an order you can run in a

175

00:11:49,510 --> 00:11:47,450

prize so every day we have to

176

00:11:53,319 --> 00:11:49,520

do about two or three hours of

177

00:11:57,869 --> 00:11:55,389

it's incredible until we find the space we have

178

00:12:00,369 --> 00:11:57,879

to exercise in force

179

00:12:01,900 --> 00:12:00,379

small actions that he feels he dreamed

180

00:12:03,489 --> 00:12:01,910

of becoming an astronaut there are already

181

00:12:05,859 --> 00:12:03,499

many young people who go up to find

182

00:12:08,019 --> 00:12:05,869

astronauts with this process to getting to

183

00:12:11,890 --> 00:12:08,029

be not getting to where you are at the

184

00:12:17,920 --> 00:12:14,310

because you have to work a lot

185

00:12:20,460 --> 00:12:17,930

but all astronauts have their

186

00:12:24,880 --> 00:12:20,470

dedication in mathematical sciences

187

00:12:27,630 --> 00:12:24,890

as an engineer you have to do that but

188

00:12:29,260 --> 00:12:27,640

work can be of any

189

00:12:33,010 --> 00:12:29,270

occupation

190

00:12:35,190 --> 00:12:33,020

I am a geologist and teacher and we have here

191

00:12:37,750 --> 00:12:35,200

engineers we have pilots

192

00:12:40,930 --> 00:12:37,760

so I tell young people that you

193

00:12:45,190 --> 00:12:40,940

have to study you have to work hard

194

00:12:48,910 --> 00:12:45,200

but make them what you like because

195

00:12:51,040 --> 00:12:48,920

in life not only work you have to

196

00:12:54,670 --> 00:12:51,050

enjoy the work you are

197

00:12:59,700 --> 00:12:54,680

doing so study and work hard

198

00:13:03,600 --> 00:13:01,920

if it is look we received two questions

199

00:13:05,100 --> 00:13:03,610

through social networks and the

200

00:13:06,780 --> 00:13:05,110

website we asked our people

201  
00:13:09,030 --> 00:13:06,790  
who would have the question about your life

202  
00:13:10,980 --> 00:13:09,040  
with the astronauts that we gave some

203  
00:13:13,200 --> 00:13:10,990  
so that they now answer our

204  
00:13:16,650 --> 00:13:13,210  
audience it looks like this comment It says

205  
00:13:21,140 --> 00:13:16,660  
like this, have you seen unknown objects in

206  
00:13:21,150 --> 00:13:30,879  
well, once again, I understood that question,

207  
00:13:36,579 --> 00:13:33,249  
the question is from both, if you ask,

208  
00:13:43,580 --> 00:13:36,589  
and you have seen unknown objects in

209  
00:13:43,590 --> 00:13:48,290  
objects on earth

210  
00:13:52,790 --> 00:13:50,380  
and objects in space

211  
00:13:57,810 --> 00:13:52,800  
as trying to determine their shape, which is a What

212  
00:14:03,360 --> 00:13:59,880  
don't know if I understand everything but if

213  
00:14:06,390 --> 00:14:03,370

we can see the world here and the

214

00:14:09,360 --> 00:14:06,400

objects in space it's like because

215

00:14:12,270 --> 00:14:09,370

we were only 200 miles from the

216

00:14:15,240 --> 00:14:12,280

earth and it's like seeing it and the stars we

217

00:14:19,110 --> 00:14:15,250

can see it but it's brighter and

218

00:14:24,090 --> 00:14:19,120

the moon too and but if we can see

219

00:14:29,860 --> 00:14:26,010

thanks

220

00:14:34,200 --> 00:14:29,870

for this communication from the heart pride

221

00:14:43,740 --> 00:14:34,210

and I really like the music I

222

00:14:43,750 --> 00:14:57,530

thank you very much suffer for pleasure

223

00:14:57,540 --> 00:15:09,400

well